

Kids, Become a Gardener!



Why?

- You can hang out with your friends!
- You can get dirty! (and your parents won't get mad!)
- You can grow your own foods just like a farmer!
- These foods (corn, green beans and more) will help you grow big and strong!

How to start

- With your mom, dad, grandma, uncle or older sister, get some dirt, a pot and some lima bean seeds.
- Put some dirt in your pot, then your seeds, then some more dirt. Water it and put it in the sun!
- Water it a lot and watch it grow! (You'll start seeing little green sprouts, and then leaves!)
- Keep doing this until you see your lima beans! Then you can harvest and eat them!

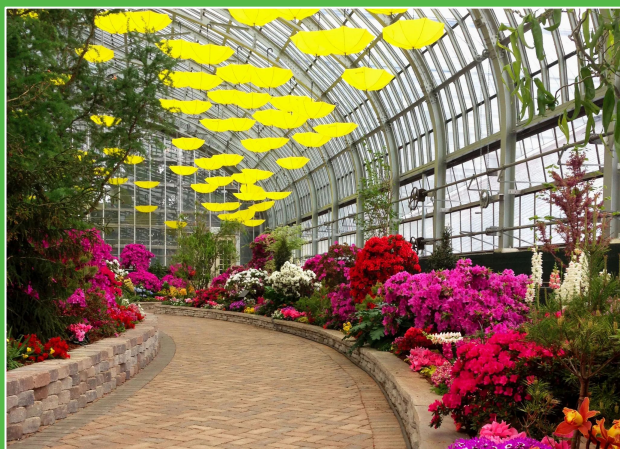


What foods can you grow?

While you can't grow donuts, you can grow these yummy foods!

- Cucumbers
- Carrots
- Potatoes
- Lima beans
- Peppers

Gardening is Great!



Tips to become a good gardener

- Get outside! Play with dirt!
- Visit a conservatory. That's a place that has a BUNCH of super cool plants like this one over here!



Tips to become a better gardener

- Go be a detective! Find a garden near you and watch. Look for these things:
 - Gardeners planting seeds
 - Gardeners pulling weeds
 - Gardeners watering their seeds
 - Green sprouts growing out of the ground!
 - Gardeners harvesting their food!



Read Seedfolks!

Seedfolks by Paul Fleischman is a short chapter book that captures all of the amazing things that a community garden can offer! It tells the story of how an empty lot turned into a community garden, and all it took was one young girl planting some lima beans!

Check it out at your local library!

More things to check out!

Some fun websites to check out and learn more about gardening!

- <https://pbskids.org/sid/games/vegetable-planting>
- <https://bonnieplants.com/gardening/garden-games-kids/>
- <https://seedsurvivor.com/just-for-kids/games/>

